

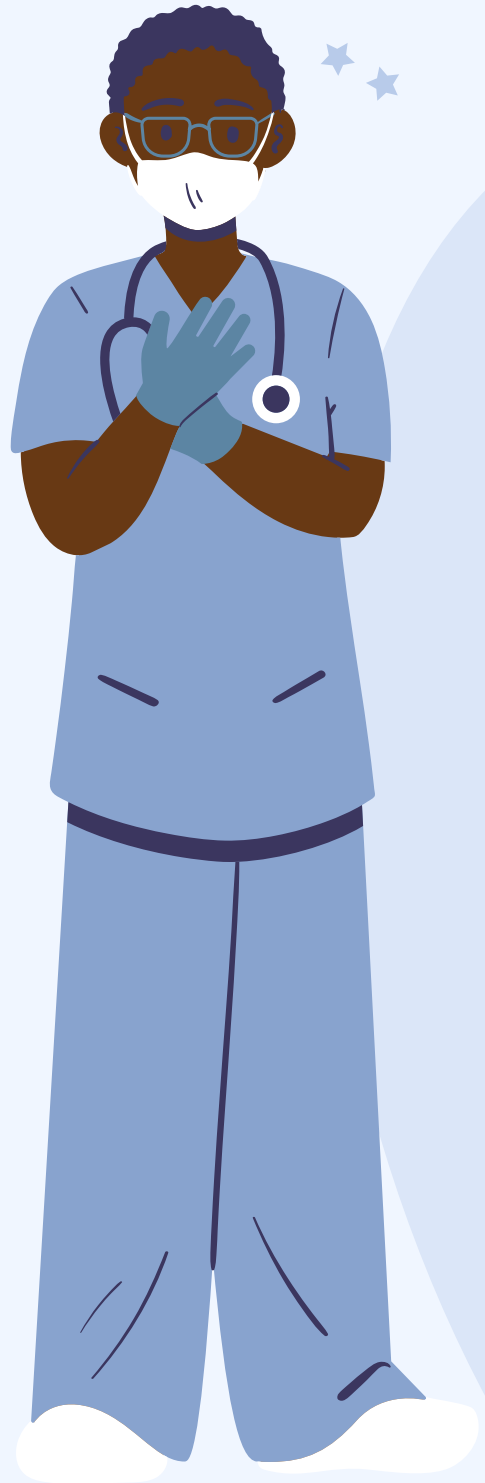
Minh An & Sammi (17/24)

# TIP 2024

Tan Tock Seng Hospital



# Our experience



## Where did we go?

TTSH Department of Rheumatology, Allergy and Immunology  
3-4th June 2024  
8am to 5pm

## Our mentors!

Adjunct Associate Professor Leong Khai Pang  
Dr. Chua Choon Guan



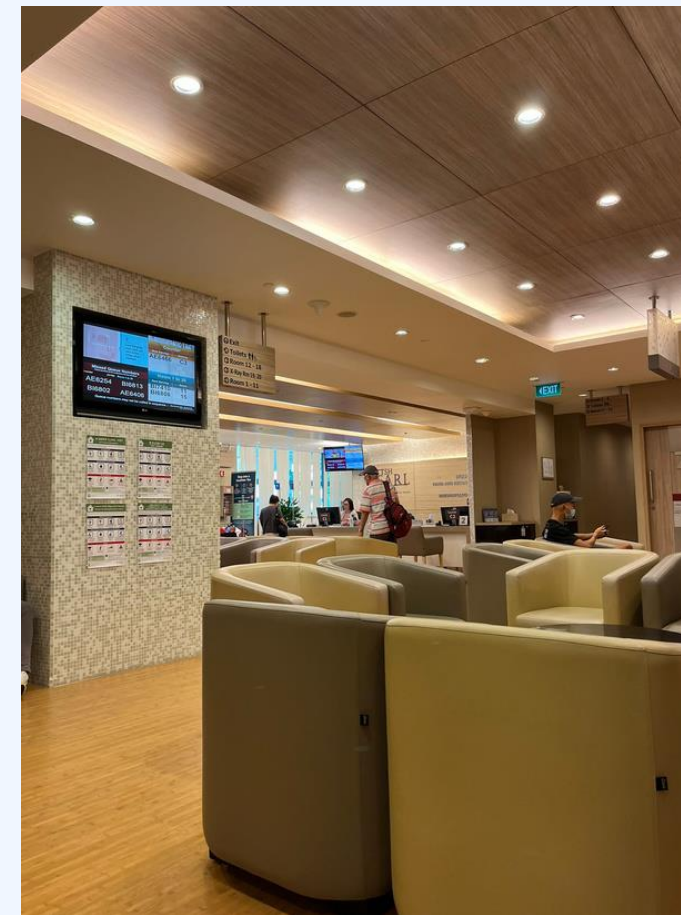
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**What did we  
see?**

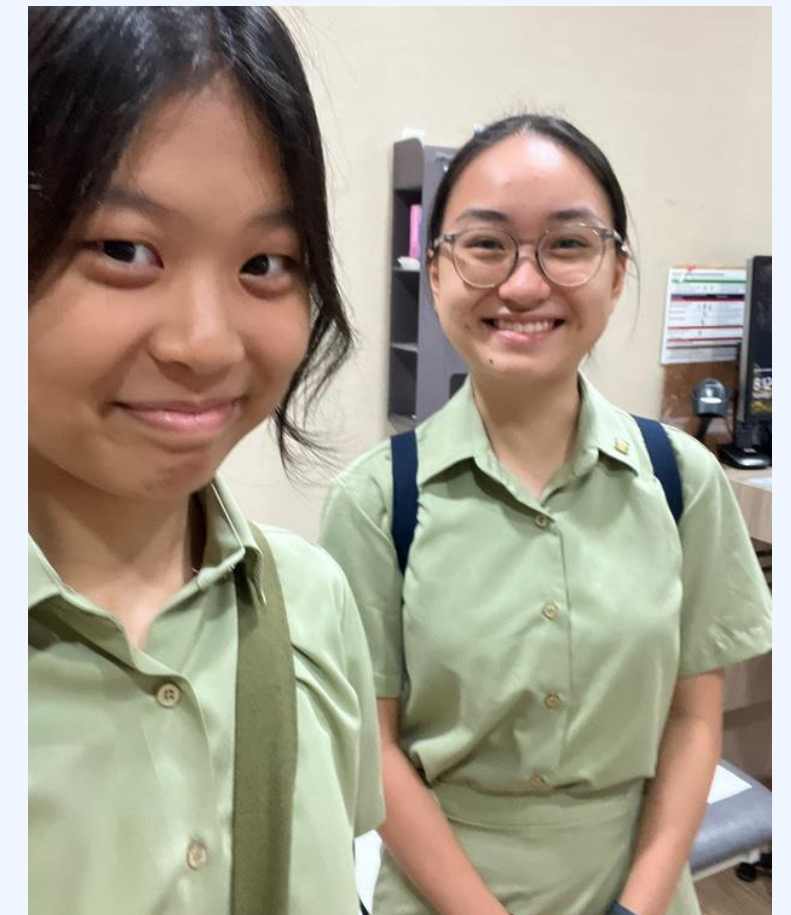


## Consults

Sat with Dr Chua as he consulted with, did check-ups and prescribed medicine to patients.



the waiting room!



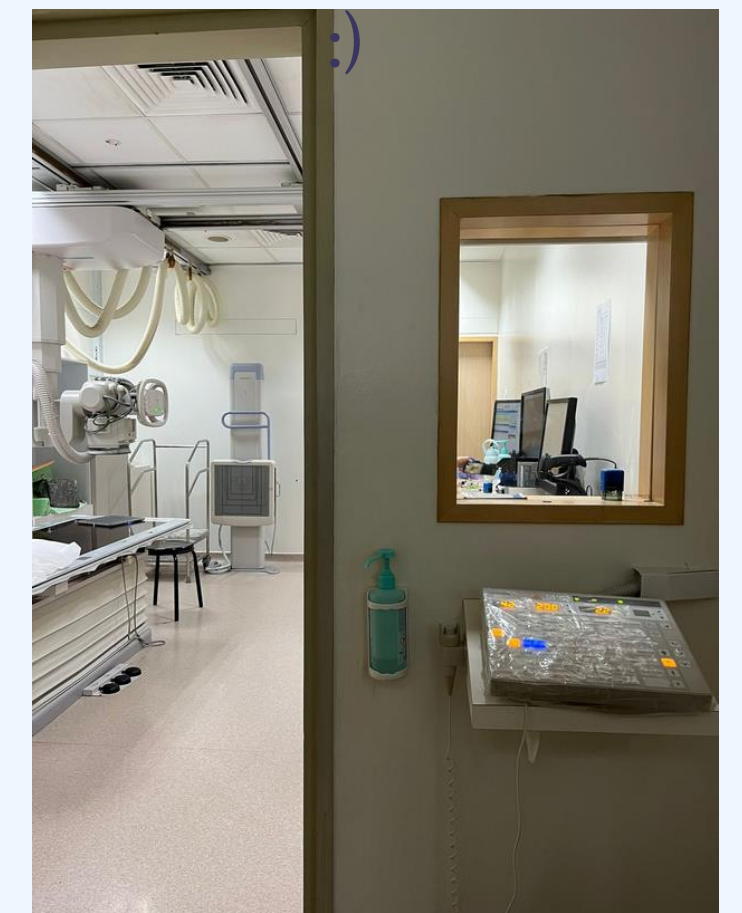
our first day

## Radiology Room

Got to see the equipment used, the procedure and special safety precautions needed to be taken for the doctors.



us in radiology aprons



an x-ray room (o´▽`o)



# Some equipment used in Radiology



X-ray Reference  
Ball



Personal Radiation Monitoring Device

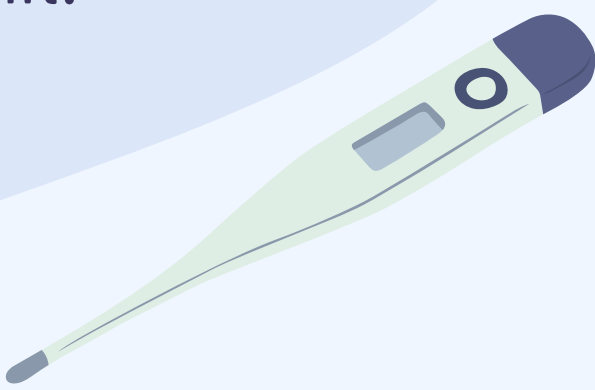


X-ray Film Cassettes





**Tour of TTSH**  
Walked around the different units and got to look into rooms like the cast room and A&E unit!



**Hospital Rounds**  
We got the chance to meet different patients, observe Dr Khai Pang and other junior doctors' diagnosis. We went into the ICU as well!





## Allergy Department

We got to see how a allergy test is conducted, as well as learn more about the different symptoms and even try on a stethoscope!

hearing each other's heartbeats!



## Cast Removal

Got to observe how the nurses prepared a cast for wrapping and a cast removal on a patient!

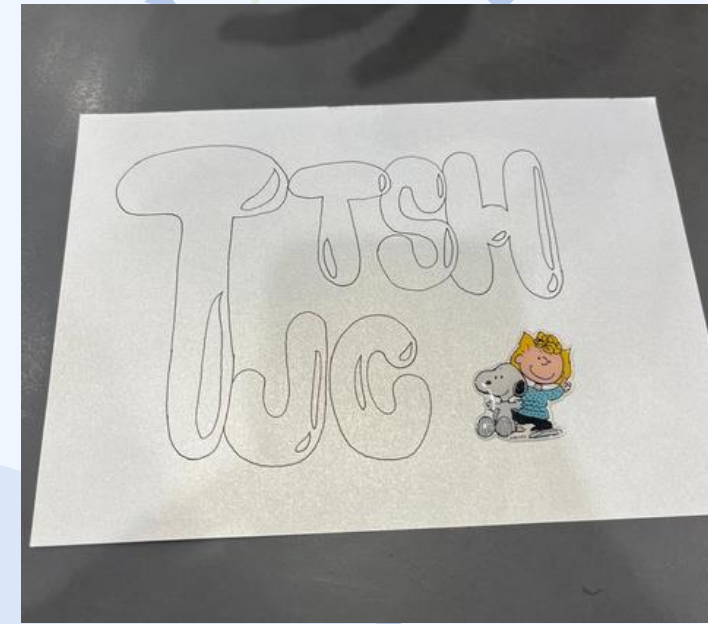


cast saw!





# What to expect from this experience



Be prepared to simply **observe** – remember that the purpose is to observe and learn, not perform clinical tasks.

Many opportunities to **watch** healthcare professionals in action!

Be **curious** – take chances to ask relevant and respectful questions when appropriate.

Be **flexible** – hospital environments are dynamic, so you have to be adaptable to sudden change of plans.







# Lessons learnt

## Formation of genuine connections

- Constantly checking up on patients' conditions.
- Speaking the patients' language.
- Remembering details shared from their personal lives.

## Being in healthcare is a multifaceted role

- Clinical expertise: Diagnosing and treating patients.
- Administrative tasks: Managing electronic health records and other computer work.
- Collaboration: Working with multidisciplinary teams across departments.
- Communication: Explaining medical conditions and treatment plans to patients and families.



# Special thanks to...

**Dr Chua Choon Guan, Dr Khai Pang, Sister Choy,  
Ms Jesslyn Tan, TTSH staff, Ms Lay Ling, Ms Ng and  
others...**

We would like to express our heartfelt gratitude to the teachers and mentors who organised and guided our TTSH TIP. Your support have provided us invaluable learning experiences that will shape our futures.

We are also deeply thankful to the doctors and nurses who shared their time, knowledge, and hands-on guidance throughout this journey. TTSH TIP has been an incredible opportunity to grow and learn, and we are genuinely grateful to all those who made it possible.

- Sammi & Minh  
An





**Thank you!**

